

# YOUNG ECO HEROES

## A SUSTAINABILITY LEARNING EXPERIENCE FOR STUDENTS

Developed by the EURECA-PRO university alliance, the project brings together students, teachers, and educators to tackle real-life environmental challenges using a hands-on, collaborative learning approach.

The goal is to inspire responsible habits, increase awareness of key EU environmental goals, and equip students with the critical skills needed for the future.



SCAN ME



# Let's raise a generation of **Young Eco Heroes** together!

## What is Young Eco Heroes?

Young Eco Heroes is an educational project designed to connect schools and universities across Europe in a shared mission: to empower young people to become changemakers in their communities through sustainability education.

## Objectives

-  Promote practical, eco-friendly habits like composting, recycling, and upcycling
-  Introduce EU values: environmental protection, social inclusion, and sustainable innovation
-  Raise awareness of Responsible Consumption & Production (RCP)
-  Encourage student creativity and international mobility
-  Foster essential 21st-century skills: teamwork, leadership, critical thinking
-  Strengthen cooperation between schools



## Focus Themes

Each school will have the chance to explore different Responsible Consumption and Production topics, for example:

### Farm to Fork – Reducing Food Waste

➤ Possible activities: composting systems, food waste audits, eco-farm visits

### Sustainable Fashion – Tackling Textile Waste

➤ Possible activities: DIY workshops, clothing swaps, awareness campaigns

### From Waste to Art – Creative Reuse & Upcycling

➤ Possible activities: repurposing workshops, trash-to-art projects, exhibitions

## Activity Timeline (2025–2026)

-  **Spring–Summer 2025**  
Initial planning phase
-  **September–October 2025**  
School Kick-Off Events: Introduce EURECA-PRO and brainstorm project ideas
-  **November 2025**  
Virtual Meeting: Student presentations, expert talks, interactive challenges
-  **Spring 2026**  
Student Exchange: Implement projects on-site with partner schools  
Present results to classmates, teachers, and families





## Teaching Approach: Project-Based Learning (PBL)

The entire project follows a Project-Based Learning approach. Students collaborate in small groups to explore real-world problems and design creative solutions. Educators receive support through training and shared materials, making it an opportunity for professional development as well.

### Why it matters

- ✓ **Empowers** students to take real action for the environment
- ✓ **Builds** international friendships and communication skills
- ✓ **Strengthens** confidence, creativity, and personal responsibility
- ✓ **Increases** school visibility in EU-level initiatives



### Contact Details

Technical University of Crete (Greece)

Aliki Stergianni

University of Applied Sciences Mittweida (Germany)

Maria Speck

Silesian University of Technology (Poland)

Anna Wolny



[www.eurecapro.eu](http://www.eurecapro.eu)

SCAN ME





# We are a European University

Embark on your educational journey with EURECA-PRO and tap into the extensive network of 9 European partner universities. Together, we are building a vibrant, multicultural academic community committed to making a positive impact on the world.



The **Young Eco Heroes** project is hosted by four EURECA-PRO universities: Technical University of Crete (TUC), Hochschule Mittweida (HSMW) and Silesian University of Technology (SUT). By connecting universities with local schools, the project brings EURECA-PRO's sustainability mission into the classroom and fosters early cross-border collaboration among students.



**Politechneio  
Kritis**



**Hochschule  
Mittweida**



**Politechnika  
Śląska**